

## RPS and RMIS Breakfast Menu 2022-2023

Week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	sausage biscuit cereal toast fruit milk/juice	Oats Cinnamon toast cereal toast fruit milk/juice	muffins cereal toast fruit milk/juice	biscuit & gravy sausage patty cereal toast fruit milk/juice	waffles sausage cereal toast fruit milk/juice
<b>Week 2</b>	mini donuts cereal toast fruit milk/juice	biscuit/gravy/sausage cereal toast fruit milk/juice	pancakes sausage cereal toast fruit milk/juice	egg biscuit cereal toast fruit milk/juice	oats cinnamon toast cereal toast fruit milk/juice
<b>Week 3</b>	egg and cheese omelet sausage cereal toast fruit milk/juice	biscuit & gravy sausage cereal toast fruit milk/juice	oats cinnamon toast cereal toast fruit milk/juice	muffin toast cereal fruit milk/juice	french toast sausage cereal toast fruit milk/juice
<b>Week 4</b>	egg biscuit cereal toast fruit milk/juice	pancakes sausage cereal toast fruit milk/juice	banana bread cereal toast fruit milk/juice	oats cinnamon toast cereal toast fruit milk/juice	sausage biscuit cereal toast fruit milk/juice



