

Russell Middle School

2018-2019

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Monday	Tuesday	Wednesday	Thursday	Friday
MILK, CHOCOLATE MILK, WHITE GATTI'S CHEESE PIZZA CHICKEN QUESADILLA CARROTS CUCUMBER WEDGES APPLESAUCE ICE CREAM CUP RANCH DRESSING SOUR CREAM, FF	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA SPAGHETTI W/SAUCE FRESH APPLE SLICES CORN BROCCOLI FLORETS BREADSTICK	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA HOT DOG W/SAUCE DICED PEACHES BAKED BEANS BABY CARROTS FRESH ONIONS DORITOS KETCHUP MUSTARD	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA NACHOS WITH GROUND BEEF MIXED FRUIT REFRIED BEANS MIXED SALAD SOUR CREAM, FF TACO SAUCE RANCH DRESSING PUDDING CUP	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA CHICKEN SLIDER DICED PEARS GREEN BEANS LETTUCE CUP SPUDSTERS MIRACLE WHIP DRESSING KETCHUP
MILK, CHOCOLATE MILK, WHITE GATTI'S CHEESE PIZZA DELI SANDWICH CORN BROCCOLI FLORETS PINEAPPLE TIDBITS ICE CREAM CUP RANCH DRESSING MIRACLE WHIP DRESSING	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA CHICKEN NUGGETS FRESH APPLE SLICES GREEN BEANS WAFFLE FRIES WHOLE GRAIN ROLL KETCHUP BBQ SAUCE	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA CHEESY BREADSTICKS APPLESAUCE PEAS & CARROTS CUCUMBER WEDGES MARINARA CUP PUDDING CUP	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA CORN DOG DICED PEARS BABY CARROTS BAKED BEANS DORITOS MUSTARD KETCHUP	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA WALKING TACO MANDARIN ORANGES BABY CARROTS REFRIED BEANS CHOCOLATE CHIP COOKIE SOUR CREAM, FF TACO SAUCE
MILK, CHOCOLATE MILK, WHITE GATTI'S CHEESE PIZZA GRILLED CHEESE SANDWICH BAKED BEANS MIXED SALAD DICED PEACHES ICE CREAM CUP RANCH DRESSING	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA MAC & CHEESE FRESH APPLE SLICES CARROTS BROCCOLI FLORETS WHOLE GRAIN ROLL PUDDING CUP PROMISE MARGARINE	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA SALISBURY STEAK APPLESAUCE WHIPPED POTATOES BEEF GRAVY GREEN BEANS WHOLE GRAIN ROLL PROMISE MARGARINE	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA CHICKEN STRIPS PINEAPPLE TIDBITS CORN BABY CARROTS DORITOS CHOCOLATE CHIP COOKIE BBQ SAUCE HONEY MUSTARD SAUCE	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA PEPPERONI PIZZA STRAWBERRY CUP WAFFLE FRIES GREEN PEAS KETCHUP

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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MILK, CHOCOLATE MILK, WHITE GATTI'S CHEESE PIZZA MEATBALL SUB BAKED BEANS BROCCOLI FLORETS APPLESAUCE ICE CREAM CUP	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA SCRAMBLED EGGS SAUSAGE PATTY BISCUIT GRAVY, PEPPERED BISCUIT FRIED APPLES BABY CARROTS PROMISE MARGARINE JELLY	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA CHILI, CHIPS & CHEESE MIXED FRUIT BAKED POTATO CHOCOLATE CHIP COOKIE SOUR CREAM, FF PROMISE MARGARINE SALT PACKET	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA HAMBURGER ON A BUN DICED PEACHES MIXED SALAD FRESH ONIONS PICKLE SLICES DORITOS RANCH DRESSING MUSTARD KETCHUP	MILK, CHOCOLATE MILK, WHITE CHEESE PIZZA CHEESY BREADSTICKS FRESH APPLE SLICES CORN BABY CARROTS MARINARA CUP PUDDING CUP

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